

# BARRHEAD REGIONAL AQUATICS CENTRE

## POOL RULES

- No Loitering
- No photography in the lobby due to the privacy act. If you would like to take a picture of your family you must be on deck and make a lifeguard aware of it
- Individuals under the influence of alcohol or drugs are refused access
- Children must be 8 years or older to access the facility alone
- Swim diapers are mandatory for children under 36 months
- Children under 8 require within arm's reach active supervision by a caregiver over the age of 13 at all times
- Caregivers must be 13 years or older
- 1 caregiver for every 4 children under 8. If all children are wearing lifejackets at all times then 1:8
- Individuals who have experienced diarrhea in the past 2 weeks are prohibited from using the pool
- No glass on deck
- No food on deck
- No cell phones on deck
- Only water is permitted on deck in water bottles
- No oils in the steam room
- Have a cleansing shower after using the steam room
- 10 minute maximum in the hot tub
- No diving in the shallow end of pools
- A swim test must be done for children 13 and under to use the competition pool
- One person at a time on the climbing wall
- No front or back flips into the water off of climbing wall or starting blocks
- No climbing over or standing on walls in the leisure pool
- No lifejackets in the hot tub
- No running on deck
- You must shower before entering the pools
- No outside shoes in the change rooms or on deck
- No chewing gum in the pool
- No leaving stuff in the lockers over night
- Pool Rules Continued
- No big mats/toys in the lazy river
- No hiding under toys
- Outside toys must be clean
- Swim suits must be clean and in good condition
- The family change room is designated for family use only
- Mermaid tails are only permitted in the leisure pool with adult supervision
- No spitting in the water
- No prolonged breath holding