





January 2019



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 New Years Day Closed	2 Aquafit 9:00am	3 Aquafit 9:00am Spin 12:00pm Aquafit 7:45pm-8:30pm	4 Deep Water AquaFit 9:00am	5 Aquafit 10:00am-10:45am Spin 11:00am-11:45am
6  Family Free Swim 4:30pm-6:00pm  	7 Aquafit 9:00am Spin 7:45pm	8 Aquafit 9:00am Spin 12:00pm Aquafit 7:30pm-8:15pm	9 Aquafit 9:00am Spin 7:00pm	10 Aquafit 9:00am Spin 12:00pm Aquafit 7:45pm-8:30pm	11 Deep Water AquaFit 9:00am	12 Aquafit 10:00am-10:45am Spin 11:00am-11:45am
13	14 Aquafit 9:00am Spin 7:45pm	15 Aquafit 9:00am Spin 12:00pm Aquafit 7:30pm-8:15pm	16 Aquafit 9:00am Spin 7:00pm	17 Aquafit 9:00am Spin 12:00pm Aquafit 7:45pm-8:30pm	18 Deep Water AquaFit 9:00am	19 Aquafit 10:00am-10:45am Spin 11:00am-11:45am
20	21 Aquafit 9:00am Spin 7:45pm	22 Aquafit 9:00am Spin 12:00pm Aquafit 7:30pm-8:15pm	23 Aquafit 9:00am Spin 7:00pm	24 Aquafit 9:00am Spin 12:00pm Aquafit 7:45pm-8:30pm	25 Deep Water AquaFit 9:00am  Toonie Swim 7:30pm-9:30pm	26 Aquafit 10:00am-10:45am Spin 11:00am-11:45am
27	28 Aquafit 9:00am Spin 7:45pm	29 Aquafit 9:00am Spin 12:00pm Aquafit 7:30pm-8:15pm	30 Aquafit 9:00am Spin 7:00pm	31 Aquafit 9:00am Spin 12:00pm Aquafit 7:45pm-8:30pm		

Regular Hours:

Monday to Friday 6:30am - 9:30pm*

Adult Swim Monday to Thursday 8:30pm-9:30pm

Saturday 10:00am - 8:00pm

Sunday 12:00pm - 6:00pm

*Please note the Reception Desk does not open until 8:00am

Lane swim reduced to one lane only on:

Mon & Thurs 4:30pm - 7:30pm

Tues & Wed 4:30pm - 6:30pm

Contact Us: 780-674-2532

recreation@barrhead.ca

www.barrhead.ca/pool