

March 2019



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Deep Water AquaFit 9:00am	2 Aquafit 10:00am-10:45am Spin 11:00am-11:45am Close at 12:45pm
3  Family Free Swim 4:30pm-6:00pm  	4 Aquafit 9:00am Spin 7:45pm	5 Aquafit 9:00am Spin 12:00pm Aquafit 7:00pm-7:45pm	6 Aquafit 9:00am Spin 7:00pm	7 Aquafit 9:00am Spin 12:00pm Aquafit 7:45pm-8:30pm	8 Deep Water AquaFit 9:00am	9 Aquafit 10:00am-10:45am Spin 11:00am-11:45am
10	11 Aquafit 9:00am Spin 7:45pm	12 Aquafit 9:00am Spin 12:00pm Aquafit 7:00pm-7:45pm	13 Aquafit 9:00am Spin 7:00pm	14 Aquafit 9:00am Spin 12:00pm Aquafit 7:45pm-8:30pm	15 <u>No Aquafit</u>	16 Aquafit 10:00am-10:45am Spin 11:00am-11:45am
17 	18 Aquafit 9:00am Spin 7:45pm	19 Aquafit 9:00am Spin 12:00pm Aquafit 7:00pm-7:45pm	20 Aquafit 9:00am Spin 7:00pm	21 Aquafit 9:00am Spin 12:00pm Aquafit 7:45pm-8:30pm	22 Deep Water AquaFit 9:00am Bring Your Own Floatie 7:00pm-9:30pm 	23 Aquafit 10:00am-10:45am Spin 11:00am-11:45am
24 31	25 Aquafit 9:00am Spin 7:45pm	26 Aquafit 9:00am Spin 12:00pm Aquafit 7:00pm-7:45pm	27 Aquafit 9:00am Spin 7:00pm	28 Aquafit 9:00am Spin 12:00pm Aquafit 7:45pm-8:30pm	29 Deep Water AquaFit 9:00am	30 Aquafit 10:00am-10:45am Spin 11:00am-11:45am

Regular Hours:

Monday to Friday 6:30am - 9:30pm*
 Adult Swim Monday to Thursday 8:30pm-9:30pm
 Saturday 10:00am - 8:00pm
 Sunday 12:00pm - 6:00pm

*Please note the Reception Desk does not open until 8:00am

**Only one lane will be available during classes.
 No Adult Swim 25th-28th**

Contact Us: 780-674-2532

recreation@barrhead.ca

www.barrhead.ca/pool