



February 2019



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Deep Water AquaFit 9:00am	2 Aquafit 10:00am- 10:45am Spin 11:00am- 11:45am
3  Family Free Swim 4:30pm-6:00pm  	4 Aquafit 9:00am Spin 7:45pm	5 Aquafit 9:00am Spin 12:00pm Aquafit 7:00pm- 8:15pm	6 Aquafit 9:00am Spin 7:00pm	7 Aquafit 9:00am Spin 12:00pm Aquafit 7:45pm- 8:30pm	8 Deep Water AquaFit 9:00am	9 Aquafit 10:00am- 10:45am Spin 11:00am- 11:45am
10	11 Aquafit 9:00am Spin 7:45pm	12 Aquafit 9:00am Spin 12:00pm Aquafit 7:00pm- 8:15pm	13 Aquafit 9:00am Spin 7:00pm	14  Aquafit 9:00am Spin 12:00pm Aquafit 7:45pm- 8:30pm	15 Deep Water AquaFit 9:00am <i>Sweetheart Swim 2 for 1 7:30pm-9:30pm</i>	16 Aquafit 10:00am- 10:45am Spin 11:00am- 11:45am
17	18  Free Swim 12:00pm-4:00pm	19 Aquafit 9:00am Spin 12:00pm Aquafit 7:00pm- 8:15pm	20 Aquafit 9:00am Spin 7:00pm	21 Aquafit 9:00am Spin 12:00pm Aquafit 7:45pm- 8:30pm	22 Deep Water AquaFit 9:00am	23 Aquafit 10:00am- 10:45am Spin 11:00am- 11:45am
24	25 Aquafit 9:00am Spin 7:45pm	26 Aquafit 9:00am Spin 12:00pm Aquafit 7:00pm- 8:15pm	27 Aquafit 9:00am Spin 7:00pm	28 Aquafit 9:00am Spin 12:00pm Aquafit 7:45pm- 8:30pm		

Regular Hours:

Monday to Friday 6:30am - 9:30pm*

Adult Swim Monday to Thursday 8:30pm-9:30pm

Saturday 10:00am - 8:00pm

Sunday 12:00pm - 6:00pm

*Please note the Reception Desk does not open until 8:00am

Lane swim reduced to one lane only on:

Mon & Thurs 4:30pm - 7:30pm

Tues & Wed 4:30pm - 6:30pm

Contact Us: 780-674-2532

recreation@barrhead.ca

www.barrhead.ca/pool