

March 2019 Swim Lessons



Feb 25 - Mar 27	10:00am-10:30am	10:30am-11:00am
Monday/Wednesday Morning	Parent & Tot 1/2/3 #098	Preschool 1 #099

Feb 25 - Mar 27	4:30pm-5:15pm	5:00pm-5:30pm	5:30pm-6:00pm	6:00pm-6:30pm
Monday/Wednesday Evening	Swimmer 5/6 #100		Swimmer Beginner 1 #103	Preschool 1 #105
Privates at 4pm	4:30pm-5:00pm Preschool 3 #101	Swimmer 2 #102	Swimmer 1 Advanced #104	Preschool 2 #106

Feb 26 - Mar 28	10:00am-10:30am	10:30am-11:00am
Tuesday/Thursday Morning	Preschool 3 #107	Preschool 2 #108



Feb 26 - Mar 28	4:30pm-5:15pm	5:30pm-6:00pm	6:00pm-6:30pm
Tuesday/Thursday Evening	Swimmer 3 #109	Swimmer 2 #111	Preschool 4 #113
Privates at 4pm	Swimmer 4 #110	Preschool 3 #112	Preschool 5 #114



Parent & Tot	\$49.00
Preschool	\$49.00
Swimmer 1-6	\$54.10
Adult Lessons	\$54.10 +GST
Rookie/Ranger/Star	\$59.14+GST
Privates (1/2 Hr)	\$33.70
Semi Privates _{1/2hr}	\$22.40

Registration will be February 19th 2019
In Person 6:00pm-8:00pm
Online starts at 6:00pm

AGES
Parent & Tot 4 months - 3 years old
Preschool ages 3-5 years old
Swimmer ages 6 years old and up

This session max will be 8 kids in swimmer levels, preschool levels 5 max

For more information contact the Barrhead Aquatics Centre at 780-674-2532 or email: recreation@barrhead.ca

For this session of swimming lessons we will be splitting up our swimmer 1 program. This will help participants and also the instructors. We have made a swimmer 1 beginner class and a swimmer 1 advanced class, and we will try to find the best fit for each participant based on their needs and their skills.

Swimmer 1 Beginner

Never taken lessons before and they are 6 years and older. This level is for children still uncomfortable in the water. Skills are performed assisted with a lifejackets and/or the instructor. Skills include putting face in the water, floats and glides, kicking, and jumping into the pool.

Swimmer 1 Advanced

The child has taken preschool lessons before and they passed Preschool 3 and up. They are comfortable in the water. Skills are performed without a lifejacket or instructor help. Skills include kicks, glides, floats, jumping into the pool, front swim strokes.