



January 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Stat Closed	2 6:30am-11:00am 4:00pm-8:30pm Adult Swim 8-8:30pm	3 6:30am-11:00am 4:00pm-8:30pm Aqua Spin 9:00am-9:45am Adult Swim 8-8:30pm	4 6:30am-11:00am 4:00pm-8:30pm AquaFit 9:00am-9:45am Adult Swim 8-8:30pm	5 6:30am-11:00am 4:00pm-8:30pm Stroke Development* 7:00am-8:00am Adult Swim 8-8:30pm	6 6:30am-11:00am 4:00pm-8:30pm Adult Swim 8-8:30pm	7 Rental Space 11:00am-12:00pm 12:00pm-6:00pm
8 12:00pm-6:00pm Family Free Swim 4:30pm-6:00pm  	9 6:30am-11:00am 4:00pm-8:30pm Adult Swim 8-8:30pm	10 6:30am-11:00am 4:00pm-8:30pm Aqua Spin 9:00am-9:45am Adult Swim 8-8:30pm	11 6:30am-11:00am 4:00pm-8:30pm AquaFit 9:00am-9:45am Adult Swim 8-8:30pm	12 6:30am-11:00am 4:00pm-8:30pm Stroke Development* 7:00am-8:00am Adult Swim 8-8:30pm	13 6:30am-11:00am 4:00pm-8:30pm Adult Swim 8-8:30pm	14 Rental Space 11:00am-12:00pm 12:00pm-6:00pm
15 Rental Space 11:00am-12:00pm 12:00pm-6:00pm	16 6:30am-11:00am 4:00pm-8:30pm Adult Swim 8-8:30pm	17 6:30am-11:00am 4:00pm-8:30pm Aqua Spin 9:00am-9:45am Adult Swim 8-8:30pm	18 6:30am-11:00am 4:00pm-8:30pm AquaFit 9:00am-9:45am Adult Swim 8-8:30pm	19 6:30am-11:00am 4:00pm-8:30pm Stroke Development* 7:00am-8:00am Adult Swim 8-8:30pm	20 6:30am-11:00am 4:00pm-8:30pm Adult Swim 8-8:30pm	21 Rental Space 11:00am-12:00pm 12:00pm-6:00pm
22 Rental Space 11:00am-12:00pm 12:00pm-6:00pm	23 6:30am-11:00am 4:00pm-8:30pm Adult Swim 8-8:30pm	24 6:30am-11:00am 4:00pm-8:30pm Aqua Spin 9:00am-9:45am Adult Swim 8-8:30pm	25 6:30am-11:00am 4:00pm-8:30pm AquaFit 9:00am-9:45am Adult Swim 8-8:30pm	26 6:30am-11:00am 4:00pm-8:30pm Stroke Development* 7:00am-8:00am Adult Swim 8-8:30pm	27 6:30am-11:00am 4:00pm-8:30pm Teen's Only Night 13yrs-16yrs 6:30pm-8:30pm	28 Rental Space 11:00am-12:00pm 12:00pm-6:00pm
29 Rental Space 11:00am-12:00pm 12:00pm-6:00pm	30 6:30am-11:00am 4:00pm-8:30pm PD Day Wibit Swim 12:00pm-3:00pm Adult Swim 8-8:30pm	31 6:30am-11:00am 4:00pm-8:30pm Aqua Spin 9:00am-9:45am Adult Swim 8-8:30pm	1	2	3	4
5	6	Reception Desk opens at 8am Monday-Friday Facility Closed 11am-4pm Monday-Friday Schedule is subject to change *Stroke Development is a non-structured program where swimmers can ask for help to enhance their techniques from the instructor contact us: (780) 674-2532 recreation@barrhead.ca www.barrhead.ca				